



UNIFORM LIST

GIRLS BABY, PRE-PRIMARY, PRIMARY

Short sleeve cotton leotard in Aqua Blue with matching skirt
Leotard should be worn with pink or flesh coloured ballet socks.

Pink or flesh leather ballet shoes with elastic. (canvas for exams)
Hair in a bun in the middle of the back of the head.

All available to purchase from the front office at Laine Academy all day on
Saturdays

Please also see Shades website for flesh-coloured socks, tights and ballet shoes.

<https://www.dancewearcentral.co.uk/>



GIRLS GRADE I

Short sleeve cotton leotard in Aqua blue

Grade I should wear the leotard with pink or flesh coloured BLOCH tights and an Aqua Blue 8mm flat elastic waist belt.

Pink or flesh leather ballet shoes with elastic. (canvas for exams)

Hair in a bun in the middle of the back of the head.

All available to purchase from the front office at Laine Academy all day on Saturdays.

Please also see Shades website for flesh-coloured socks, tights and ballet shoes.

<https://www.dancewearcentral.co.uk/>

PLEASE NOTE: Exam ballet shoes must be fitted at Laine Academy and not purchased online.

Exam shoes, socks and tights are available from the office.



BALLET

BOYS BABY, PRE-PRIMARY, PRIMARY, GRADE I & II

Cotton cycle shorts in Black
Short sleeved white cotton leotard
White leather ballet shoes and white socks

All available at Laine Theatre Arts.

All available to purchase from the front office at Laine Academy all day on Saturdays



GIRLS GRADE II, III, IV, V

Black cotton leotard 'Natasha' leotard with a black 8mm flat elastic waist belt.

Available at:

at:

<https://www.dancewearcentral.co.uk/children-c13/girls-leotards-c40/natasha-ladies-cotton-sleeveless-leotard-p141#attribute%5B1%5D=2>

Please note: Exam ballet shoes must be fitted at Laine Theatre Arts and not
All exam shoes/tights are available from the office.



BOYS GRADE III & IV

Black cotton stirrup tights

Short sleeved white cotton leotard

White leather ballet shoes and white socks.

All available to purchase from the front office at Laine Academy all day on Saturdays

A dance belt is designed to support male dancers and help prevent injury, hernias or pelvic strain. We recommend that boys begin wearing one under tights or trousers from around ages 8-10, so they become comfortable using it. It is important for health and safety and also provides a more discreet appearance when wearing tights.

<https://www.dancewear.co.uk/product/quilted-dance-support/>

<https://www.dancewear.co.uk/product/sus/>

<https://www.dancewearcentral.co.uk/boys-men-c58/mens-underwear-c127/wear-moi-wide-dance-belt-p2239>

<https://www.dancewearcentral.co.uk/boys-men-c58/mens-underwear-c127/reinforced-thong-dancebelt-p3236>



GIRLS VI, VII, INTERMEDIATE & ADVANCED

Black cotton leotard 'Natasha' leotard with a black 8mm flat elastic waist belt. Available at:

<https://www.dancewearcentral.co.uk/products/roch-valley-natasha-ladies-cotton-sleeveless-leotard-141>

BLOCH Contour soft tights

Pink or flesh SODANCA canvas ballet shoes

Hair in a bun in the middle of the back of the head.

Black wrap skirt please ask teacher for details.

Please also see Shades website for flesh-coloured socks, tights and ballet shoes.

<https://www.dancewearcentral.co.uk/>



BOYS VI, VII, INTERMEDIATE & ADVANCED

Black capped sleeve leotard

Black Cotton stirrup tights

Black ballet socks and shoes

<https://www.ids.co.uk/rad202-rad-approved-scoop-neck-cap-sleeved-thong-back-leotard>

<https://www.ids.co.uk/2300-1st-position-male-short-sleeve-scoop-neck-leotard>

<https://www.movedancewear.com/royal-academy-of-dance-freed-mens-rad-stirrup-tights-p1865/>

A dance belt is a garment designed for male dancers to prevent any injury, hernias, or strain in the pelvic area. We advise that boys begin to wear the belt under their tights or trousers ideally from the age of 8 – 10 years old as it is essential that they get used to use it from health and safety point of view and also from an aesthetic one, as it gives a less exposing look whilst wearing tights.

<https://www.dancewear.co.uk/product/quilted-dance-support/>

<https://www.dancewear.co.uk/product/sus/>

<https://www.dancewearcentral.co.uk/boys-men-c58/mens-underwear-c127/wear-moi-wide-dance-belt-p2239>



MODERN & TAP

GIRLS PRIMARY & GRADE I

Short sleeve cotton leotard in Aqua Blue with an 8mm flat elastic waist belt.
Hair in a bun at the crown of the head. Bare feet for Modern.
Grade I modern and tap should also have stirrup black tights worn over the top of the leotard.

Black Tap shoes and Black socks

Pupils do not need to purchase Tap shoes prior to their first lesson. Please speak to the teacher with regards to suitability. Recommendations of manufactures are Capezio and Bloch.



BOYS PRIMARY, GRADE I & II

Cotton cycle shorts in Black
Short sleeved white cotton leotard
Bare feet for Modern

Black Tap shoes and Black socks
Pupils do not need to purchase Tap shoes prior to their first lesson. Please speak to the teacher with regards to suitability. Recommendations of manufactures are Capezio and Bloch.

All available to purchase from the front office at Laine Academy all day on Saturdays.



GIRLS GRADE II, III & IV

Black cotton leotard 'Natasha' leotard with a black 8mm flat elastic waist belt. Available at:

<https://www.dancewearcentral.co.uk/children-c13/girls-leotards-c40/natasha-ladies-cotton-sleeveless-leotard-p141#attribute%5B1%5D=2>

To be worn with black stirrup tights over the top of the leotard with a 8mm flat elastic waist belt. Available at:

<https://www.ids.co.uk/ad128-silky-matt-stirrup-tight>

https://www.universal-textiles.com/products/silky-girls-dance-stirrup-tights-1-pair?variant=15099909865507&msclkid=879366983d4c14732c8d04077197b1cd&utm_source=bing&utm_medium=cpc&utm_campaign=Shopping%20Ads%20UT%20UK%20GB&utm_term=4583589107516565&utm_content=ALL%20PRODUCTS

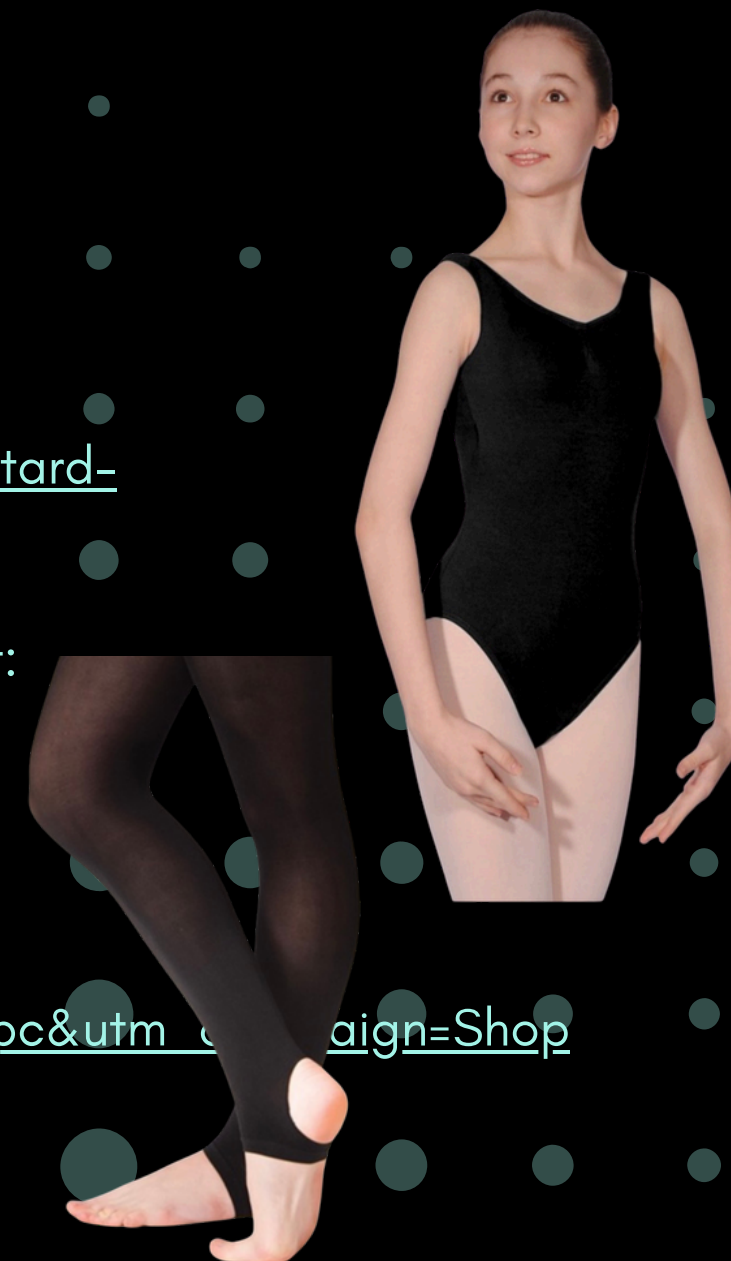
Bare feet for Modern.

Black Tap shoes and Black socks for Tap.

Pupils do not need to purchase Tap shoes prior to their first lesson. Please speak to the teacher with regards to suitability.

Recommendations of manufactures are Capezio and Bloch.

Hair in a bun at the crown of the head for Modern and high ponytail for Tap.



BOYS GRADE III, IV, V & VI

Black crew neck t-shirt
Black Cotton stirrup tights
Bare feet for modern.

Black Tap shoes and Black socks for Tap.
Pupils do not need to purchase Tap shoes prior to their first lesson. Please speak to the teacher with regards to suitability. Recommendations of manufactures are Capezio and Bloch.

Available at:

<https://www.ids.co.uk/2800-1st-position-male-raglan-sleeve-crew-neck-t-shirt>

<https://www.movedancewear.com/so-danca-mens-v-neck-t-shirt-p4836/>

<https://www.movedancewear.com/royal-academy-of-dance-freed-mens-rad-stirrup-tights-p1865/>

Please see above under ballet uniform for information on the essential dance belts for males aged 8 -10 upwards.



GIRLS GRADE V, VI, INTERMEDIATE & ADVANCED

Pupils' own choice of black leotard with black stirrup tights and a flat elastic waist belt.

Tights are available at:

<https://www.ids.co.uk/ad128-silky-matt-stirrup-tight>

[https://www.universal-textiles.com/products/silky-girls-dance-stirrup-tights-1-pair?](https://www.universal-textiles.com/products/silky-girls-dance-stirrup-tights-1-pair?variant=15099909865507&msclkid=879366983d4c14732c8d04077197b1cd&utm_source=bing&utm_medium=cpc&utm_campaign=Shopping%20Ads%20UT%20UK%20GB&utm_term=4583589107516565&utm_content=ALL%20PRODUCTS)

[variant=15099909865507&msclkid=879366983d4c14732c8d04077197b1cd&utm_source=bing&utm_medium=cpc&utm_campaign=Shopping%20Ads%20UT%20UK%20GB&utm_term=4583589107516565&utm_content=ALL%20PRODUCTS](https://www.universal-textiles.com/products/silky-girls-dance-stirrup-tights-1-pair?variant=15099909865507&msclkid=879366983d4c14732c8d04077197b1cd&utm_source=bing&utm_medium=cpc&utm_campaign=Shopping%20Ads%20UT%20UK%20GB&utm_term=4583589107516565&utm_content=ALL%20PRODUCTS)

Suggested leotard style:

<https://www.ids.co.uk/fd012-1st-position-lace-top-fashion-leotard>

Hair in a high ponytail for Tap and a bun at the crown of the head for Modern.

Exam candidates will be required to purchase a leotard of the teacher's choice.



BOYS GRADE V, VI, INTERMEDIATE & ADVANCED

Black vest t-shirt or tshirt. Option of shirt for tap.

Black Cotton stirrup tights. Option of black joggers or trousers for tap.

Bare feet for modern.

Black Tap shoes and Black socks for Tap.

Pupils do not need to purchase Tap shoes prior to their first lesson. Please speak to the teacher with regards to suitability. Recommendations of manufactures are Capezio and Bloch.

Available at:

<https://www.movedancewear.com/royal-academy-of-dance-freed-mens-rad-stirrup-tights-p1865/>

Please see boys uniform for Grade III and IV for an example of stirrup tights and please also see above under ballet uniform for information on the essential dance belts for males aged 8 -10 upwards.



GIRLS

Fundamental and Junior Jazz- Any choice of black Leotard, Footless Black Tights, Bare Feet

Intermediate Jazz- Any Coloured Leotard, Footless Black Tights, Bare Feet - Baggies/Trainers to be brought for warm ups and commercial work only

Senior and Advanced Jazz- Any Coloured Leotard & Footless Black Tights or Leggings/Sports Bra Set, Bare Feet - Baggies/Trainers to be brought for warm ups (optionally) and commercial work only - Bring Character Heels/Character Shoes

BOYS

Fundamental and Junior Jazz- Black tight fitted t-shirt, Black Shorts, Bare feet

Intermediate Jazz- Tight fitted t-shirt, Shorts, Bare feet - Baggies/Trainers to be brought for warm ups and commercial work only

Senior and Advanced Jazz- Tight fitted t-shirt, Shorts, Bare feet)- Baggies/Trainers to be brought for warm ups (optionally) and commercial work only



CONTEMPORARY CLASSES

Any choice of black Leotard, Footless Black Tights, Bare Feet or Black tight fitted t-shirt, Black Shorts or leggings, Bare feet for male identifying students.

All Students should bring tight fitted joggers and black sport socks to class every week.

Black sports socks must be brought to every class please. Hair should be off the face and in a ponytail. Shorter hair must be kept off the face with a hair band.



ACT CLASSES

Our students require a 'black base' which is black trousers, shorts or leggings and a plain black t-shirt (Laine Academy T-shirt's are coming soon). There is no particular hairstyle for drama, but we do like to see facial expression so we would appreciate if hair is off the face if possible.

COMING SOON



COMMERCIAL CLASSES

- Fitted leggings or joggers, something you can move easily in
- Fitted vest, crop top or T-shirt
- Trainers with good support and a clean sole not jazz trainers.
- Optional oversized sweatshirt/hoodie.

Streetwear-inspired: baggy cargos or joggers, a fitted top AND trainers. The key is that the teacher can still see your lines and movement but encouraging individuality and style.

MT CLASSES

Our students require a 'black base' which is black trousers, shorts or leggings and a black t-shirt (Laine Academy MT T-shirts coming soon). There is no particular hairstyle for MT, but we do like to see facial expression so we would appreciate if hair is off the face if possible. Please wear trainers that are comfortable to move and dance in.

COMING SOON



ACRO CLASSES

Pupils' own choice of black leotard with black stirrup tights.

Tights are available at:

<https://www.ids.co.uk/ad128-silky-matt-stirrup-tight>

https://www.universal-textiles.com/products/silky-girls-dance-stirrup-tights-1-pair?variant=15099909865507&msclkid=879366983d4c14732c8d04077197b1cd&utm_source=bing&utm_medium=cpc&utm_campaign=Shopping%20Ads%20UT%20UK%20GB&utm_term=4583589107516565&utm_content=ALL%20PRODUCTS

Hair up.



MERCHANDISE

LAINE ACADEMY SHOP

COMING SOON



ADDITIONAL UNIFORM/CLASS REQUESTS

- No Socks to be worn in class (excl contemporary)
- No t-shirts over leotards/tracksuit bottoms over tights for anything other than commercial work
- Water only in the Studio
- Hair up and off the face
- Absolutely no jewellery - only one stud piercing in each ear at most. Bellybutton piercings must be covered or removed
- No excessively long nails

